



## **Maximizing Your Role as a Teen Influencer: What You Can Do To Help Prevent Teen Prescription Drug Abuse**

Presented by Mary Kay Sessa at the Metuchen Public Library

**Wednesday, February 20, 2019 at 7 p.m.**

This is a primer for parents of teens/tweens and other concerned adults who wish to educate themselves and/or share ideas on prevention.

Mary Kay Sessa is a Nurse Practitioner and retired School Nurse from Metuchen. She has a Master's degree in Nursing from Seton Hall University and has many years' experience in various health care positions throughout New Jersey. She is a member of the Metuchen Board of Health. She most recently attended Narcan administration training and a seminar entitled "Opioids and Marijuana: Managing the Nationwide Emergency"

Please call 732-632-8526 to register. If you have any questions, please email [mwhittington@lmxac.org](mailto:mwhittington@lmxac.org).

The workshop is free and paid for by the Friends of the Metuchen Library.

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