



LGBTQ 101 Workshop: Understanding Sexuality October 17 at 7 p.m.

This module helps participants understand the basics of sexuality delineating the terms “lesbian”, “gay”, “bisexual”, “transgender”, “non-binary”, “heterosexual” among others, as well as how these categories are “defined”. The workshop begins by explaining the basic stages of sexual development regarding the general physical, cognitive and emotional milestones people undergo as they mature. It also details the four different components that make up sexuality: chromosomal sex, gender identity, gender expression and sexual orientation.

Presenter Cole Callahan graduated from Kean University with her Masters of Arts in Counseling with a focus in School Counseling. While finishing her Masters, she had the privilege of working in the public school system as a counselor and as a coach. During this time, she stood out as an LGBTQ advocate, educating educators and supporting students in their journey for educational equality. Previously Cole received a B.A. in Sociology from Fordham University where she received a scholarship as a Division I athlete, followed by a B.A from Kean University in Psychology.

Registration is encouraged.

For more information please email mwhittington@lmxac.org or call the library and ask for Ms. Whittington at 732-632-8526.



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