

Integral Yoga Hatha - Online Class

Alternate Fridays from 9:30-10:30 am



Click on the link to register and get a reminder email

July 31 - <https://integral-yoga-7-31.eventbrite.com>

August 14 – <https://integral-yoga-8-14.eventbrite.com>

August 28 – <https://integral-yoga-8-28.eventbrite.com>

September 11 – <https://integral-yoga-9-11.eventbrite.com>

September 25 – <https://integral-yoga-9-25.eventbrite.com>

October 9 -- <https://integral-yoga-10-9.eventbrite.com>

October 23 - <https://integral-yoga-10-23.eventbrite.com>

November 6 - <https://integral-yoga-11-6.eventbrite.com>

November 20 - <https://integral-yoga-11-20.eventbrite.com>

December 4 - <https://integral-yoga-12-4.eventbrite.com>

December 18 - <https://integral-yoga-12-18.eventbrite.com>